

# Live Scam Free! 6 Useful Tips for Older Adults

## Gift cards are for gifts, not payment!

Scammers often ask for gift cards as a form of payment. Do not provide access codes or pictures of gift cards to anyone.



Cash and cryptocurrency are untraceable. If you give it to the wrong person, you will never get it back.

Never send large sums of cash in the mail.

Caller ID on the phone cannot be trusted.



Phone numbers can be mimicked and may be part of the scam.



Protect your personal & financial information.

Whether through a phone call, text message, e-mail or online, do not give your private data to anyone if you did not initiate contact.

Do not allow or use remote access to electronic devices.

While this can be a useful tool, best practice is simple: do not allow it.



Federal agencies will never call you. Hang up! It's a scam.



# Scams, Fraud, & ID Theft Resource Guide

Obtain a *free* credit report from a central source:

**AnnualCreditReport.com | 1-877-322-8228**

You can also call the three national credit bureaus to place fraud alerts:

Equifax  
1-888-Equifax (1-888-378-4329)  
www.equifax.com

TransUnion  
1-888-909-8872  
www.transunion.com

Experian  
1-888-397-3742  
www.experian.com

National & Federal	Federal Trade Commission (FTC)	www.ftc.gov www.identitytheft.gov 1-877-ID-THEFT
	FBI	www.fbi.gov/scams-and-safety www.ic3.gov
	US Postal Service Inspection Service	www.uspis.gov 1-877-876-2455
	Medicare	www.medicare.gov 1-800-MEDICARE or 1-800-633-4227
New York	New York State Office for the Aging (NYSOFA)	www.aging.ny.gov 1-844-697-6321
	NY Connects	www.nyconnects.ny.gov v 1-800-342-9871
	NYS Senior Medicare Patrol	www.nysenior.org/senior-medicare-patrol 1-800-333-4374
	Health Insurance Information Counseling and Assistance Program (HIICAP)	1-800-701-0501
	NYS Attorney General	www.ag.ny.gov 1-800-771-7755
Prevention	Opt-Out Prescreen	www.optoutprescreen.com 1-888-5-OPT-OUT or 1-888-567-8688
	Charity Navigator	www.charitynavigator.org
	Charity Watch	www.charitywatch.org
More Info	AARP	www.aarp.org 1-888-OUR-AARP (1-888-687-2277)
	Cybercrime Support Network	www.fightcybercrime.org
	Identity Theft Resource Center	www.idtheftcenter.org 1-888-400-5530
Other resources	Money Gram	www.moneygram.com 1-800-666-3947
	Western Union	www.westernunion.com 1-800-325-6000



For more information on elder abuse prevention or educational opportunities contact:

Upstate Elder Abuse Center at Lifespan

585-244-8400

www.lifespanrochester.org

New York State Coalition on  
Elder Abuse  
www.nyselderabuse.org

Adult Protective Services Helpline  
1-844-697-3505  
https://ocfs.ny.gov/programs/adult-svcs/aps/

NY Connects  
1-800-342-9871  
www.aging.ny.gov/get-assistance

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