

ABOUT THE CONFERENCE: This conference provides geriatric health professionals with clinical and practical topics relevant to health practice with older adults. These topics represent areas of need as identified by participants and faculty who provide health care to older adults. Some topics represent increasing clinical concerns in the geriatric population or areas that have important policy and cost implications for health care providers and ultimately affect how services are provided.

ACCREDITATION

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CERTIFICATION

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 5.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SOCIAL WORK

University of Rochester Medical Center, Center for Experiential Learning is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0005.

This course has been approved for 5.00 contact hours. **Attendance at the entire program is required (no partial credit can be awarded).**



University of Rochester
Finger Lakes Geriatric Education Center
<https://www.urmc.rochester.edu/medicine/geriatrics/flgec.aspx>

WHO SHOULD ATTEND: This conference is for health care providers from all disciplines including physicians, physician assistants, medical directors, social workers, nurses, nurse practitioners, occupational therapists, physical therapists, nursing home administrators, dental professionals, audiologists, chiropractors, podiatrists, recreational therapists, dietitians, health care students and any other professionals interested in the field of aging.

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Sponsors: FLGEC; Division of Geriatrics & Aging/URMC; University of Rochester Aging Institute (URAI); Finger Lakes Center for Excellence in Alzheimer's Disease (FLCEAD).

Frequently Asked Questions (FAQ)

- **Register and pay online at:**
<https://cvent.me/On1GAZ>
If you have not previously received continuing education credits through URMC, you will need to create a FREE account before registering.
- The Zoom Webinar platform will be used
- No refunds for cancellations, but substitutions are permitted

For other questions, please email
LauraM_Robinson@urmc.rochester.edu

THE FINGER LAKES GERIATRIC EDUCATION CENTER University of Rochester Medical Center



The 37th Annual Conference Spanning the Continuum of Care: Innovations in the Practice of Age-Friendly Care

Friday, September 29, 2023
9:00am — 3:45pm ET

Virtual Conference
via Zoom Webinar

\$30/person



University of
Rochester
Aging Institute

Finger Lakes Center of
Excellence for
Alzheimer's Disease
(FLCEAD) NYSDOH

Agenda — Friday, September 29, 2023

- 9:00am **Welcome and Introductions**
Thomas V. Caprio, MD, MPH, MS, CMD, HMDC, AGSF, Professor of Medicine, Psychiatry, Dentistry, Clinical Nursing, and Public Health Sciences, University of Rochester Medical Center; Director, Finger Lakes Geriatric Education Center
- 9:10am **Developing the Age Friendly Nursing Workforce**
Lisa Kitko, PhD, RN, Dean and Professor, University of Rochester School of Nursing
- 10:10am **Break**
- 10:20am **Caring, Communication, and Coordination for those with Intellectual and Developmental Disabilities**
Vincent Siasoco, MD, MBA, Assistant Professor of Pediatrics, and Family and Social Medicine, Albert Einstein College of Medicine; Director of Community Model Training, Rose F. Kennedy UCEDD at Montefiore; Medical Director, ADAPT Community Network
- 11:20am **Break**
- 11:30am **KEYNOTE ADDRESS**
The Toll of Ageism: The Pressing Need for Collective Action
Judith L. Howe, PhD, MPA, Professor, Brookdale Department of Geriatrics and Palliative Medicine & Department of Environmental Medicine and Public Health, Icahn School of Medicine, Mount Sinai; Associate Director, Education and Evaluation, Deputy Director, VISN 2 GRECC, James J. Peters VA Medical Center; Vice President, Gerontological Society of America Board of Directors
- 12:30pm **Lunch** (on your own)
- 1:30pm **Elder Abuse – What It Is and What You Can Do**
Tracey Siebert-Konopko, LMSW, Assistant Director of Education, Training & Research Initiatives, Lifespan of Greater Rochester
- 2:30pm **Break**
- 2:40pm **Addressing and Optimizing Sleep in the Context of Age-Friendly Care**
Steven R. Barczy, MD, FAASM, Professor of Medicine (Geriatrics/ Sleep Medicine), Director of Clinical Services, UW Division of Geriatrics, Associate Program Director, Geriatric Medicine Fellowship and Advanced Fellowship, University of Wisconsin School of Medicine & Public Health; Acting Director, Madison VA Geriatric Research, Education and Clinical Center, Director of Geri-PACT and Site Director-Virtual Geriatrics Telemedicine Program, Wm. S. Middleton VA Hospital
- 3:40pm **Closing Remarks and Conference Evaluation**

CONFERENCE OBJECTIVES

At the end of the conference, participants should be able to:

- Identify strategies for development of an Age-Friendly work force
- List the different developmental disabilities and their co-occurring conditions with age
- Describe the various negative impacts to individuals, groups, and society of ageism
- Identify the 5 types of elder abuse and 3-5 physical signs that someone may be being abused
- Incorporate one or two new strategies into your practice to enhance the sleep of older adults in an age-friendly system of care

Registration Fee: \$30/person

Register online at:

<https://cvent.me/On1GAZ>

If you have not previously received continuing education credits through URM, you will need to create a FREE account before registering.

Questions? Please email:

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