

# Scams, Fraud, & ID Theft Resource Guide

Obtain a *free* credit report from a central source:

[www.annualcreditreport.com](http://www.annualcreditreport.com) | 1-877-322-8228

You can also call the three national credit bureaus to place fraud alerts:

**Equifax**  
1-800-525-6285  
[www.equifax.com](http://www.equifax.com)

**TransUnion**  
1-800-680-7289  
[www.transunion.com](http://www.transunion.com)

**Experian**  
1-888-397-3742  
[www.experian.com](http://www.experian.com)

## The Upstate Elder Abuse Center at Lifespan of Greater Rochester

- **Direct case management** for victims of elder abuse, scams, frauds, and ID Theft (age 60 and older) in Monroe and the surrounding counties.
- **Statewide consultation on elder abuse and scams.**
- **Education and training** to professionals, older adults, and their caregivers across NYS.

Call today for help at 585-244-8400

### Additional Resources:

Federal/National Resources	Federal Trade Commission (FTC)	<a href="http://www.ftc.gov">www.ftc.gov</a> 1-877-ID-THEFT
	National Do Not Call registry	<a href="http://www.donotcall.gov">www.donotcall.gov</a> 1-888-382-1222
	Consumer Financial Protection Bureau	<a href="http://www.consumerfinance.gov">www.consumerfinance.gov</a>
	FBI	<a href="http://www.fbi.gov/scams-and-safety">www.fbi.gov/scams-and-safety</a> <a href="http://www.ic3.gov">www.ic3.gov</a>
	US Postal Service Inspection Service	<a href="http://www.uspis.gov">www.uspis.gov</a> 1-877-876-2455
	Medicare	<a href="http://www.medicare.gov">www.medicare.gov</a> 1-800-MEDICARE or 1-800-633-4227

NYS Resources	NY Connects	<a href="http://www.nyconnects.ny.gov">www.nyconnects.ny.gov</a> 1-800-342-9871
	NYS Senior Medicare Patrol	<a href="http://www.nysenior.org/senior-medicare-patrol">www.nysenior.org/senior-medicare-patrol</a> 1-800-333-4374

	Health Insurance Information Counseling and Assistance Program (HIICAP)	1-800-701-0501
	NYS Attorney General	<a href="http://www.ag.ny.gov">www.ag.ny.gov</a> 1-800-771-7755

Prevention Options	Opt-Out Prescreen	<a href="http://www.optoutprescreen.com">www.optoutprescreen.com</a> 1-888-5-OPT-OUT or 1-888-567-8688
	Charity Navigator	<a href="http://www.charitynavigator.org">www.charitynavigator.org</a>
	Charity Watch	<a href="http://www.charitywatch.org">www.charitywatch.org</a>
	Nomorobo	<a href="http://www.nomorobo.com">www.nomorobo.com</a> FREE for landlines; monthly fee for mobile devices

For More Information About Scams, Fraud, & ID Theft	AARP	<a href="http://www.aarp.org">www.aarp.org</a> 1-877-908-3360
	Cybercrime Support Network	<a href="https://fightcybercrime.org/">https://fightcybercrime.org/</a>
	How to Report Identity Theft	<a href="http://www.identitytheft.gov">www.identitytheft.gov</a>

Other Resources	Money Gram	<a href="http://www.moneygram.com">www.moneygram.com</a> 1-800-666-3947
	Western Union	<a href="http://www.westernunion.com">www.westernunion.com</a> 1-800-325-6000
	How to Manage Facebook Settings	<a href="http://www.wikihow.com/Manage-Facebook-Privacy-Settings">www.wikihow.com/Manage-Facebook-Privacy-Settings</a>

